



# Workshop Application Form

PO Box 224, Blackheath NSW 2785  
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www.blackheathart.com

Email: workshops@blackheathart.com  
Studio: 139A Station St, Blackheath

<b>Workshop Title:</b>	'Letting go' – loosening up your painting style			<b>Workshop date:</b>	Saturday 5 May 2018
<b>Tutor:</b>	Ruth le Cheminant			<b>Time:</b>	10.00 am to 4.00 pm
<b>Member fee:</b>	\$55	<b>Non-member fee:</b>	\$80	<b>Materials fee:</b>	\$15
				<b>Closing date:</b>	Friday 20 April 2018

## Description

*This workshop is for anyone who would like to 'loosen up' their painting approach, mess around outside the boundaries of realism and venture into expressionism and abstraction.*

*In a fun, relaxed and lively workshop, Ruth will help you challenge the idea of the 'perfect' or 'correct' painting by tapping into your intuitive self. She will help you understand how to recognise and work with your existing strengths, and guide you through an approach to painting that is about relaxing with yourself and your materials, having fun, taking risks and letting go.*

*She will also provide practical techniques that facilitate this dynamic way of working, such as understanding where to start and end a painting, balancing marks and colours, and developing the skill of using paints and brushes so that the materials don't 'get in the way' of your creative conversation with the canvas.*

**Turn over for materials list and information about Ruth.** ↩



**There is a limit of 10 participants. Only paid applications on this or the online form received or postmarked by the closing date will be accepted. Places will be allocated on a first come, first served basis (priority given to BAS members). No refunds will be given for cancellations made after the closing date (2 weeks prior to the workshop).**

**APPLICATION FORM: Letting go with Ruth le Cheminant 5 May 2018**

Please complete this application form and send it, together with payment, by **Friday 20 April** to:  
**Workshops, Blackheath Art Society, PO Box 224, Blackheath NSW 2785**  
Workshops can also be booked via the website: [www.blackheathart.com/forms](http://www.blackheathart.com/forms)

<b>Name:</b>		<input type="checkbox"/> Member <input type="checkbox"/> Non member	
<b>Address:</b>			
<b>Town:</b>	<b>State:</b>	<b>Post code:</b>	
<b>Email:</b>	<b>Phone:</b>		

## Payment

**Total fee paid**  **(workshop fee + materials fee)**

I have made my payment by (please tick)  Bank transfer (see below)  Cheque/cash (please enclose with form)

Make your transfer to Blackheath Art Society Inc. BSB 062507 (Commonwealth Bank) Account No. 10012243. **Please use the reference '200' and your initials and surname to identify the payment, e.g. '200 JB Smith'**

Date of transfer	<input type="text"/>	Bank transaction reference	<input type="text"/>
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## OFFICE USE ONLY

Date received:	<input type="text"/>	Payment confirmed:	<input type="text"/>	Signature:	<input type="text"/>
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### **What to bring:**

The workshop will concentrate on the use of acrylic paint and the associated mediums and techniques. However, you are encouraged to bring your own gear and as wide a variety as possible of what you usually work with. There is no 'right' material to bring just a wide choice on the day will be best.

- Paints
- Variety of brushes
- Water containers
- Cleaning rags
- Variety of pencils (soft 2B, 4B 6B maybe), charcoal sticks (soft thick and thin), inks – whatever you have that makes lines of different variety
- Fixative spray is a good idea
- Drawing paper/paper large size if possible and smaller – it's about learning to work with what's available.

### **Included in the materials fee:**

The materials fee covers a generous quantity of acrylic paint in primary colours, black and white, as well as a limited number of large sheets of paper (probably 2 per person).

### **Amenities**

If you want to bring your own lunch, the BAS studio has a kitchen with kettles, a fridge, microwave and toaster, cutlery and crockery. Tea, coffee, dairy milk and biscuits are available for morning and afternoon tea. The studio is a two minute walk from Blackheath Station, and just five minutes from the village centre where there are many excellent cafés serving hot and cold food (and good coffee).

### **From Ruth – about this workshop**

*This workshop was 'born' after a conversation with colleagues at an exhibition. I had admired the work of another artist in the exhibition and she said 'yes, but I love your work – you're free and I'm not.' In the ensuing discussion my reply was 'to achieve it you need to let go'. I started waving my arms around, talking about working with the medium and the colours. And after some more time spent talking I was asked 'how?' I then said 'I can show you if you have some time?' And in trying to organise the time it was suggested, we should go one better than that, that I should do a workshop here at BAS so those interested in being more relaxed and wanting to 'let go' could attend. I said yes. A space was found in the calendar and as a result BAS has given me the opportunity to share with you how to 'let go' in your art practice – to play, explore, work with the immediate and be fearless. The 'how' will be a magical mystery tour of your creative process. So it will be a fun day. Why not join me?*

Ruth is a long-time member of BAS, exhibiting in most shows.

You can read more on Ruth's website [www.theloadedbrush.com.au](http://www.theloadedbrush.com.au)

Ruth is also on Instagram at [www.instagram/ruthbluemts](http://www.instagram/ruthbluemts)

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